

## The Mile

## Essential Event Information

## When and where will the race be held?

The Mile will be held on Sunday 14 April 2024. The start and finish area is located at South Esplanade Car Park, St Peter Port (you can find the location here). The Marathon Mile starts at 10.00hrs (The Marathon starts at 09.00hrs, the Mourant Relay Race at 09.30hrs)

Where is The Mile?
The Mile will start and finish at the Marathon Village, which is located on South Esplanade opposite Les Echelons in St Peter Port. Marquees and other vendors will be in position from Saturday.

Where do I collect my race pack?


PLEASE NOTE that for 2024, Sure have kindly opened their shop in St Peter Port for race pack collection on FRIDAY lunchtime. Race Pack collection will return to the Marathon Village for Saturday. Registration is open at the following times:

| Date | Location | Timings |
| :--- | :--- | :--- |
| Friday 12 April | Sure shop <br> GY1 2JX) | $12: 00-14: 00$ |
| Saturday 13 April | Marathon Village (marquee at South <br> Esplanade Car Park - see photo above). | $10: 00-16: 00$ |

*Please note that we strongly advise collecting your race pack ahead of Sunday as Sunday is extremely busy and we do not want you missing the start of the race.

Where does the race number go?
Runners must pin your race number on the front of your race top (safety pins will be available at registration marquee). You bag tag is attached to your race number. Please note that your timing chip in embedded into your bib, please do not tear, wrinkle or fold your race bib.

Which side of the road do I run on?

Creative Agency: ${ }^{\text {the }}$ REFINERY

Runners MUST stay on the left-hand side of the road unless directed otherwise by the Police or by a Race Official. Your safety is paramount and failure to comply with this rule will not only put yourself and others at risk but will also potentially lead to your disqualification from the race as per the race rules.

## What do I do if I have to drop out?

If you have to drop out of the race for any reason, please contact the nearest Race Official Marshal. It is vital that you let a course marshal know that you will not be completing the course and that you are fit \& well. If you need medical assistance, they will arrange this.

## How are times recorded?

Times will be recorded in two ways - Gun Time and Chip Time.

- The Gun Time is the time from the sound of the starter's signal to the time when the runner crosses the finish line. Also known as the Official Time.
- The Chip Time is the time from when the runner crosses the start and finish line. All runners will have a chip embedded in their race bib. Please do not remove, wrinkle or fold the timing chip.

Will my time be displayed on the website?
Yes. Finisher times will be published on the website within 48 hrs of the race.
How are winners determined?
Gun time is the Official Time and all awards are based on Gun Time.

## What are the race categories?

- Male \& Female Age Groups 6-8 years, 9-12 years. 13-15years and 16+
- The School Shield sponsored by Bowel Cancer Guernsey
- The Sports Club Cup


## When will the prizes be given out?

Immediately after the race has finished. Approximately 10:30-11:00.
Will there be medical assistance?
Yes. St John's Ambulance are supporting the event and there will be a first aid post at the Finish line with an ambulance.

## Where do I leave my bag?

You can leave your bag in the designated bag drop area at the start of the race. There will be a clearly marked area inside the Marathon Village next to the Information desk. Please mark the bag clearly with your bag tag which needs to be teared off your race bib. Do not leave any valuables in the bag. The organisers cannot accept any responsibility for bags left in their care.

## What parking facilities are available?

Most town car parks will be available as normal, South Esplanade Car Park will be closed from Friday Monday. It is anticipated that traffic will be busy on the morning of the race, so please leave sufficient time to get into town, parked and to the start of the race.

## Good Luck!!

Creative Agency:
REFINERY


